

The Way of Council

With Pippa Bondy & Han Delissen
April 27-29th 2012 – Kew, London



Through the practice of Council, we learn the balance and wisdom of the circle.

This ancient practice of sitting in a circle and speaking and listening from the heart can enrich any relationship at home, in school, in the workplace, in community.

What is Council?

Council is an ancient form and a modern practice that invokes the experience of community, where we listen to everything - people, place, and spirit. The roots of Council are within the natural world, spanning all cultures and beliefs.

The core practice of Council sets a container for empathy and honesty. It provides a way of bearing witness and of peacemaking and helps cultivate non-hierarchical power. When in Council we step into a timeless space and spirit moves through us. We experience the deep connection to all life.

Council is not about fixing things and being right. It's a means of opening to heartfelt compassionate expression and non-judgemental acceptance of how and who and where people are.

Council is a teaching that brings intention, acceptance, authentic speaking and deep listening to the centre of one's heart, creating the possibility for truly engaged relationship, the understanding of community and an opening to wholeness.

Read more in Positive News: <http://positivenews.org.uk/tag/council/>



Pippa Bondy is a wilderness quest/rites of passage guide and Council trainer. She has developed a unique program based on a synthesis of Council and Alexander Technique. Her background includes a strong influence from training in the Alexander Technique, Tai Chi and Meditation.

What moves me deeply is offering Council to those who are socially disadvantaged, underprivileged or abused - the voiceless ones.

What I love is the way Council gives/finds/initiates peoples' own voice. I love to facilitate this more than anything else. I have taken this practice to social care workers, teachers, therapists, environmentalists. I aspire to continue, to stretch and broaden communication, ignite and manifest meaningful intimate connection and a sense of peoples' own worth and beauty.

This brings about a healing and a deepening of consciousness. And for this, the practice serves and supports the world we live in today.

www.ancienthealingways.co.uk



Han Delissen lives in The Netherlands and is educated as Council trainer in the tradition of the Ojai Foundation by Gigi Coyle and Marlow Hotschkiss. He has a background in Emotional Bodywork, Yoga, Breathwork and Meditation.

The first time I met 'The Way of Council' I was struck by its simplicity and in the same moment the depth of circlework and the importance of listening and speaking from the heart. It has become a way of life. My passion is to meet people in the truth of the moment and to find out what serves... here now, the people, the circle and the community. My heart starts beating faster as the best in people arises, if they are to realize their full potential, follow their impulses and start living their truth. Listening, reading the field, observing and from there offering support. Being of service, available, unconditional and selfless...

I work with mixed groups and men's groups, we (my wife Nicole and myself) work with couples and we are exploring the field of 'life and death', finding ways to be with what is when a loved one has left the body.

www.gemeenschap-ram.nl

Start: Friday at 7 PM, **Finish** Sunday 5 PM, **Cost:** £ 175,-, deposit £ 65,- (Non-Residential).

Further detail and to book a place: contact Pippa 01766 780557 or pippa@ancienthealingways.co.uk